

WATKINS

Since 1868



TRADE MARK

**HOME BUSINESS
OPPORTUNITY**

Our gourmet products

HAVE BEEN TURNING FOOD TO FAVORITES

SINCE 1868



Crafting Award-Winning Gourmet Flavors Since 1868.™

Canada

WATKINS

Since 1868



TRADE MARK

Crafting Award-Winning Gourmet Flavors Since 1868.™

Dear Friends,

For 151 years, we have been producing only the finest natural products. All of us at The Watkins Company want to extend our heartfelt thanks for putting your trust in us. Just as our founder J.R. Watkins did when he started this great company in 1868, we strive to give you nothing but the best. Although there have been many changes throughout our long history, what remains a constant are the guiding principles listed below. More than a century ago, our founder called these the "Watkins Way".

We are proud to carry on J.R. Watkins' vision and continue to believe that his way, the Watkins Way, is what makes The Watkins Company and our products so special.

Thank you again for being a part of this 151 year old tradition.

Yours truly,

Mark Jacobs, CEO

The WATKINS WAY

Based on our Founders Principles established over 100 years ago and our goal to be America's most trusted natural products company.

The Highest Quality

We source only the best ingredients worldwide to meet our premium quality standards.

The Best Value

We offer exceptional value for a premium, quality product.

The Neatest Package

We strive to provide a package that is authentic, stylish and convenient for our customers.

The Best Delivery

We aim to exceed our customers' expectations.

The Squarest Terms

We promise to get it right or make it right.

The Fairest Treatment

We treat our customers, our employees and our partners with respect.

The Greatest Uniformity

We provide products that consistently meet our high standards.

The Strictest Integrity

We stick consistently with our values.

The Broadest Guarantee

We invented the money back guarantee in 1868 and continue to stand behind it today.

All of the above Points of Superiority make up THE WATKINS WAY, and you will agree that it is a good way.



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Extracts and flavorings are Made in the USA, Non-GMO, Gluten Free and Corn Syrup Free.



Food items bearing the Kosher symbol have been developed in accordance with Jewish Dietary Laws. Watkins designated kosher certifying agency has examined these items and has approved that they adhere to stringent kosher standards.



Our commitment to never test on animals has been recognized by LeapingBunny.org

Our Commitment to Natural, Safe and Responsible products. Watkins offers products that deliver a superior experience, using environmentally-friendly and responsible ingredients and packaging.

Responsible and Renewable Ingredients. Made from 95% or more natural ingredients, personal care and home care formulas are nontoxic, free from Ammonia, Chlorine Bleach, Parabens, Glycols, Phthalates, Phosphates, Formaldehyde Donors, and Dyes.

Environmentally-responsible packaging. We avoid excess packaging, and utilize recyclable, eco-friendly materials.

Satisfaction Guaranteed

If a Watkins product used in your home is, for any reason, considered unsatisfactory, please return it to your Independent Watkins Consultant for a full refund of the purchase price.

GOURMET



All Natural Original Gourmet Baking Vanilla®

A. Made with the finest pure vanilla extract and blended with only natural ingredients, our Baking Vanilla is the same double-strength formula you've trusted for years—only now all natural! It has the same extra rich flavor that won't bake out or freeze out, and does not contain any artificial colors or flavors.

31008 (11 fl oz/325 mL) **\$21.99 Value Size!**
30390 (2 fl oz/59 mL) **\$6.49**



Sourced from every corner of the world, Watkins has been bringing the finest ingredients to your kitchen for over 100 years. More than just delicious, our award-winning extracts and flavorings are Made in the USA, Non-GMO, Gluten Free and Corn Syrup Free. They are perfect for desserts, drinks and more!

Clear Vanilla Imitation Extract®

B. Our famous formula provides gourmet flavor that does not bake or freeze out—without color. A baking staple ideal for any recipe that needs to be pure white like cakes, frostings, ice cream and more.

31007 (11 fl oz/325 mL) **\$12.99 Value Size!**
30389 (2 fl oz/59 mL) **\$4.19**

Pure Vanilla Extract®

C. Did you know it takes nearly a pound of precious vanilla beans to make one gallon of vanilla extract? We source only the finest grade vanilla beans and age them to perfection following our time-honored process. Every bottle of this exquisite, 100% pure vanilla is expertly crafted to award-winning standards.

60400 (1 fl oz/29 mL) **\$7.99**
60387 (2 fl oz/59 mL) **\$11.99**
21224 (4 fl oz/118 mL) **\$18.99—NEW**
01012 (11 fl oz/325 mL) **\$39.99**

Lemon Blueberry Muffins (featured on front cover)

2 1/2 cups/625 mL unbleached, all-purpose flour
3/4 cup/180 mL granulated sugar
2 1/2 tsp/2.5 mL **Watkins Mediterranean Sea Salt**, ground
2 1/2 tsp/12.5 mL baking powder
1/4 tsp/1.25 mL baking soda
1 cup/250 mL plain Greek yogurt (8 oz/227 g)
1/2 cup/125 mL unsalted butter, melted
2 large eggs, lightly beaten
1 tsp/5 mL **Watkins All Natural Original Gourmet Baking Vanilla**®
1/2 tsp/2.5 mL **Watkins Pure Lemon Extract**
1 tbspp/15 mL lemon zest (about 1 lemon)
1 1/2 cups/375 mL fresh blueberries

Cinnamon Crumble Topping

1/4 cup/60 mL granulated sugar
1/4 cup/60 mL unbleached, all-purpose flour
1/4 tsp/1.25 mL **Watkins Mediterranean Sea Salt**, ground
1/2 tsp/2.5 mL **Watkins Pure Ground Cinnamon**
2 tbspp/30 mL unsalted butter, room temperature

Lemon Glaze

1 cup/250 mL powdered sugar
2 tbspp/30 mL cold milk
1 1/2 tsp/7.5 mL lemon zest (about half a lemon)
1 1/2 tsp/7.5 mL **Watkins Pure Lemon Extract**

In a large bowl, whisk together flour, sugar, salt, baking powder and baking soda. Combine Greek yogurt, melted butter, eggs, and extracts in another large bowl, until smooth. Stir wet ingredients into dry ingredients until thoroughly combined. Fold in blueberries and zest. For topping, combine in a small bowl sugar, flour, salt, cinnamon and butter. Stir mixture to a crumbly texture.

Heat oven to 400°F/200°C. Spoon batter into a prepared muffin tin (lined or lightly greased with butter), filling about 2/3 full. Sprinkle crumble topping on each muffin. Bake until tops are golden brown and toothpick comes out clean; about 18-20 minutes. Makes about 1 1/2 dozen muffins. Allow to cool for 5-10 minutes. In mixing bowl, beat lemon glaze ingredients until smooth. Using a spoon, drizzle glaze over each muffin.



Baker's-Sized Extracts

A. Enjoy your favorite extracts in large, value sizes. Perfect to have on-hand for those recipes you make often or in big batches! (11 fl oz/325 mL)

01010 Butter [®]D **\$14.49**

Pure Extracts

01011 Pure Lemon [®] **\$15.49**

01015 Pure Almond [®] **\$18.49**

01012 Pure Vanilla [®] **\$39.99**

Pure Extracts [®]

B. Our pure extracts are made from natural oils, so they are free of artificial colors and flavors. For pure flavor, come to Watkins. (2 fl oz/59 mL)

60430 Pure Anise

60395 Pure Lemon

60437 Pure Mint

60392 Pure Orange

60394 Pure Peppermint

\$4.99 each

60391 Pure Almond **\$6.49**

60368 Pure Cinnamon

60379 Pure Coffee

60371 Pure Lime—

Limited Quantities

\$5.99 each

Gourmet Extracts and Flavorings

C. These quality extracts and flavors are concentrated—and all backed by the same expertise that has made Watkins Vanilla the choice of generations. (2 fl oz/59 mL)

30389 Clear Vanilla Imitation Extract [®] **\$4.19**

60305 Butter Vanilla [®]—NEW

60304 Cream Cheese [®]D—NEW

60303 Red Velvet [®]—NEW

\$4.49 each

60431 Banana [®]

60432 Butter [®]D

60433 Cherry

60435 Coconut [®]

60436 Maple [®]

60438 Raspberry [®]

60439 Root Beer [®]

60440 Rum [®]

60441 Strawberry [®]

\$4.99 each

60383 Chai [®]—NEW

60382 Maple Bacon [®]—NEW

\$5.49 each

60445 Caramel [®]

60378 Hazelnut [®]

Limited Quantities

60452 Pumpkin Spice [®]

\$5.99 each

30390 All Natural Original Gourmet Baking Vanilla[®] **\$6.49**



New

D



Organic Extracts [®]*—**NEW**

D. Made using only the finest organic ingredients, Watkins is committed to bringing natural and superior flavor to market with the introduction of our Organic Extract Line in top extract flavors. (2 fl oz/59 mL)

30203 Organic Almond
30202 Organic Pure Lemon

\$7.99 each

30200 Organic Pure Vanilla **\$12.99**

*Coming March 2019

Expanded Extract Size Offering*—**NEW**

E. Your favorite extracts are now available in a new size offering, to ensure you have supply available for your larger baking projects! (4 fl oz/118 mL)

21225 Pure Almond **\$8.49**
21224 Pure Vanilla **\$18.99**

*Coming April 2019

New

E



Few companies can claim a name association with vanilla like Watkins. We have been producing the world's finest vanilla for over 100 years and are recognized as the name in vanilla by hundreds of thousands of loyal customers. We offer a number of different vanillas to fit your needs:

- All Natural Original Gourmet Baking Vanilla[®]—Excellent in recipes that require baking or freezing
- Clear Vanilla Imitation Extract—All the vanilla flavor without the color
- Pure Vanilla Extract



A

Pure Ground Black Pepper

A. We select only the finest sources of premium-grade, top-quality peppercorns with high essential oil content. Experience the Gold Medal-winning taste of the most flavorful pepper on the market.

- 60396 (2 oz/56 g) **\$5.99**
- 00581 (4 oz/113 g) **\$7.99**
- 01140 (6 oz/170 g) **\$12.99**
- 01141 (12 oz/340 g) **\$22.49**

Crushed Red Pepper [®]

B. A favorite of yours—Watkins Gourmet Crushed Red Pepper packaged in a vintage tin.

- 60633 (4.2 oz/120 g) **\$8.99**

B



C



Soup and Gravy Bases

C. Whip up delicious stocks, gravies and sauces with ease. Wholesome ingredients provide homemade flavor without the expense of canned soups and saltiness of bouillon cubes.

- 31175 Beef (8.29 oz/235 g)
- 31176 Chicken (8.29 oz/235 g)

\$12.99 each

D

Cooking Spray

D. Non-stick butter-flavored cooking spray lets you achieve virtually fat-free cooking. Nearly 1,600 servings per can!

- 31040 (14 oz/397 g) **\$11.99**

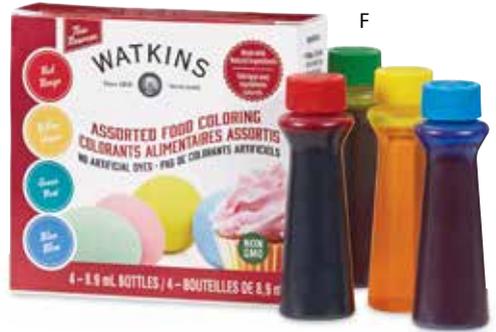


E



New

F



Pure Ground Cinnamon ®

E. Our award-winning cinnamon has been a part of family rituals for more than 100 years. Watkins cinnamon is made of premium cassia cinnamon with high essential oils.

01115 (6 oz/170 g) **\$10.99**

Natural Food Coloring—NEW

F. Derived from natural ingredients, our food coloring is free from artificial FD&C colors. Other dye free coloring options can involve fussy powders you need to mix, but our colors are easy-to-use liquids. Simply add drops of color to brighten up frostings, cakes and more. Gluten Free.

30350 Assorted: Red, Yellow, Green, Blue
(4-8.9 mL Bottles) **\$10.99**



In 1928, Watkins was awarded the Gold Medal-Grand Prize at the 1928 Paris International Exposition for outstanding Vanilla Extract, Pepper and Cinnamon.



Chai Shortbread Cookies

1/4 cup/60 mL brown sugar
1/4 teaspoon/1.2 mL salt
1/2 cup/125 mL (1 stick) butter, softened
1 tablespoon/15 mL **Watkins Chai Flavor**
1 1/3 cups/330 mL flour

*Combine softened butter, brown sugar, salt and chai flavor and beat with an electric mixer or by hand, 2-3 minutes. Add flour, gently mixing by hand, until just incorporated. Press mixture into an 8 x 8-inch / 20 x 20-cm pan. Poke holes in dough with fork evenly over surface. Score dough with a knife or spatula into squares or rectangles. Chill about 30 minutes in fridge, meanwhile preheat oven to 325°F/160°C. Bake about 25 minutes or until edges are lightly browned. Remove cookies with a small spatula and cool. Decorate with icing colored with **Watkins Food Coloring**, as desired.*

Makes 12 servings.



New.

A



Organic Spices [®]—NEW

A. From our 1928 Gold Medal-winning performance at the International Exposition in Paris through today, The Watkins Company brings you the very best spices from around the world. Sourced from the highest quality organic herbs and spices, our New Organic Spice Line brings your cooking to life.

- 31603 Chili Powder (2.9 oz/85 g)
- 31604 Cilantro Leaves (0.63 oz/18 g)
- 31605 Ground Cinnamon (2.5 oz/71 g)
- 31622 Curry Powder (2.6 oz/74 g)
- 31623 Dill Weed (0.78 oz/22 g)
- 31630 Fine Himalayan Pink Salt (5.7 oz/163 g)*
- 31610 Onion Powder (2.8 oz/82 g)
- 31614 Crushed Red Pepper (1.6 oz/48 g)

\$6.49 each

- 31602 Ground Black Pepper (2.8 oz/80 g)
- 31613 Parsley Flakes (0.59 oz/17 g)

\$6.99 each

- 31608 Garlic Powder (3.1 oz/90 g)
- 31624 Garlic Salt (4.9 oz/141 g)

\$7.49 each

* Organic Claim not applicable

Organic Pepper Blends [®]—NEW

B. Our Gold Medal-winning Black Pepper is blended with the highest quality herbs and spices to bring superior flavor to your cooking and grilling. These blends are versatile and bold.

- 31616 Lemon Pepper Blend (3.6 oz/104 g)
- 31618 Seafood & Poultry Seasoning (3.3 oz/94 g)
- 31617 Steak Seasoning (3.3 oz/94 g)

\$7.49 each

New.

B



New

C



New

D



Organic & Non-GMO Grinders [®] NEW

C. The full flavors of freshly ground pepper, salt and organic spices are only a twist away with our new Organic and Non-GMO grinders. Our adjustable grinder is pretty enough to sit tableside and lets you tailor the coarseness to your taste, ensuring you enjoy the richest of Watkins Organic seasonings with every turn.

31683 Mediterranean Sea Salt (5.3 oz/150 g)*
\$7.99

31684 Garlic Salt (4.3 oz/123 g)

31685 Garlic Peppercorn (2.7 oz/79 g)

\$8.99 each

31681 Black Peppercorn (2.6 oz/75 g) **\$9.99**

* Organic Claim not applicable

Organic Seasoning Blends [®]—NEW

D. Handcrafted to deliver all the superior flavor you expect from Watkins, our new organic seasoning blends enhance any dish you create. Our highest quality is only a dash, sprinkle or shake away!

31634 Italian Seasoning (1.2 oz/34 g)

31631 Seasonings with Salt (4.2 oz/120 g)

\$6.99 each

31633 All Purpose Seasoning Salt-Free
(2.7 oz/78 g) **\$7.99**

Penne Pasta Salad

- 1 pound/450 g whole wheat penne pasta
- 1/4 cup/60 mL cooking oil
- 2 garlic cloves, thinly sliced
- 2 cups/500 mL cherry tomatoes, halved
- 1 tsp/5 mL **Watkins Organic Italian Seasoning**
- 1 tsp/5 mL cumin
- 1/4 tsp/1.2 mL **Watkins Organic Crushed Red Pepper**
- 1/2 tsp/2.55 mL **Watkins Mediterranean Sea Salt**, ground
- 1/4 tsp/1.2 mL **Watkins Organic Black Pepper**
- 1/4 cup/60 mL pitted kalamata olives
- 1 tbsp/15 mL **Watkins Organic Parsley Flakes**
- 1/4 cup/60 mL grated Parmesan cheese

In a large pot of salted boiling water, cook penne until al dente—according to package directions. Drain. Meanwhile, in a large skillet, heat oil over medium heat. Add garlic and cook until golden, about 1 minute.

Add cherry tomatoes, Italian seasoning, cumin, red pepper, salt and black pepper. Reduce heat to low and cook, stirring occasionally, until the tomato juices run. About 3 minutes.

Add penne, olives and parsley to the skillet and toss to combine. Serve with grated parmesan. Serves 4.



J.R. WATKINS BODY CARE

A-C



Head to Toe Kit

A. Soft skin has never been easier! This Head-to-Toe kit has everything you need to nourish your skin from the shower and all through your day, including body wash, lotions and lip balm. Offered in classic scents, the no-mess tubes are sized for your busy life. Take them with you in your purse, gym bag or car. Go ahead and pamper yourself - or give as a gift and pamper someone else!

Contains:

- 1 Lemon Cream Daily Moisturizing Lotion (1 fl oz/29 mL)
- 1 Lavender Daily Moisturizing Body Wash (1 fl oz/29 mL)
- 1 Peppermint Ultra-Moisturizing Lip Balm (0.15 oz/4.25 g)
- 1 Aloe & Green Tea Shea Butter Hand Cream (1 oz/28 g)
- 1 Peppermint Rejuvenating Foot & Body Lotion (1 fl oz/29 mL)

20802 **\$14.99•**

Signature Collection Kit

B. Featuring shea butter hand creams and an ultra-moisturizing lip balm, this collection is perfect for gift-giving but you may want to keep it all for yourself. The no-mess tubes are sized to throw in your purse, gym bag, locker or car so you can nourish your lips and hands everywhere, everyday!

Contains:

- 1 Lemon Cream Shea Butter Hand Cream (1 oz/28 g)
- 1 Lavender Shea Butter Hand Cream (1 oz/28 g)
- 1 Coconut Milk & Honey Ultra-Moisturizing Lip Balm (0.15 oz/4.25 g)
- 1 Aloe & Green Tea Shea Butter Hand Cream (1 oz/28 g)
- 1 Coconut Milk & Honey Shea Butter Hand Cream (1 oz/28 g)

20800 **\$14.99•**

Lavender Essentials Kit

C. Relax with the calming scent of lavender wherever life takes you.

This Lavender Essentials Kit, includes lip balm, lotion, hand cream and body wash, and is sized for you to enjoy a little aromatherapy anywhere, anytime. The no-mess tubes fit easily into your purse or gym bag, wherever you need a little fragrant getaway. It's pretty enough to give the gift of calm to a friend or treat yourself to a relaxing home spa experience.

Contains:

- 1 Lavender Shea Butter Hand Cream (1 oz/28 g)
- 2 Lavender Daily Moisturizing Lotion (1 fl oz/29 mL each)
- 1 Lavender Vanilla Ultra-Moisturizing Lip Balm (0.15 oz/4.25 g)
- 1 Lavender Daily Moisturizing Body Wash (1 fl oz/29 mL)

20801 **\$14.99•**

• Plus GST/HST

D



Daily Moisturizing Lotions

D. Love lotion? We do, too! Available in a large, value size with a convenient pump. Natural plant oils, shea and cocoa butters replenish and hydrate leaving skin soft, smooth and healthy-looking. (18 fl oz/532 mL)

- 20582 Lemon Cream
- 20583 Coconut Milk & Honey
- 20585 Lavender
- 20584 Aloe & Green Tea
- 20580 Coriander & Cedar
- 20587 Peppermint Foot & Body Lotion

\$14.99• each

Daily Moisturizing Body Washes

E. Gentle plant-based cleaners and skin conditioners cleanse skin without stripping away natural moisture. Leaves all skin types fresh, hydrated and healthy-looking. (18 fl oz/532 mL)

- 20608 Lemon Cream
- 20609 Coconut Milk & Honey
- 20612 Lavender
- 20611 Aloe & Green Tea
- 20610 Grapefruit
- 20607 Coriander & Cedar

\$11.99• each

E



A



Hand Creams

A. Natural shea and cocoa butters are whipped together with more than 10 natural oils and extracts to protect, soothe and condition delicate skin. This 97–99% natural moisturizer is ideal for rough areas (such as hands and feet) or for use as an all-over body moisturizer. (3.3 oz/95 g)

- 40509 Lemon Cream
- 40511 Coconut Milk & Honey
- 40506 Coriander & Cedar
- 40508 Lavender
- 40507 Aloe & Green Tea
- 40557 Pomegranate & Acai
- 40518 Grapefruit

\$12.99• each

Sugar and Shea Body Scrubs

B. Sugar and shea butter work with natural oils to gently exfoliate and moisturize; this 99% natural formula will leave skin smooth and soft. (8 oz/226 g)

- 20454 Lemon Cream
- 20511 Coconut Milk & Honey
- 20451 Lavender
- 20443 Grapefruit

\$13.99• each

B



• Plus GST/HST

C-E



Men's Body Cleansing Wipes

C. No time to shower? Body Cleansing Wipes are perfect for the gym, office or travel bag. They remove sweat and dirt in one quick swipe, leaving skin clean, fresh and invigorated. No rinsing required. Toss used wipe in trash after use. Do Not Flush. (30 pre-moistened wipes)

40090 Bergamot & Oak **\$7.99**•

Men's Body & Face Bar Soap

D. You don't need a lot of complicated steps to feel confident and bold. This Body & Face Bar is perfect for showering, shaving or both! Shea Butter and Vitamin E moisturize and clean from head to toe, while the crisp, fresh blend of citrus and woody notes invigorate your senses. (8 oz/226 g)

23084 Bergamot & Oak **\$6.99**•

Men's Body Wash

E. This daily moisturizing Body Wash invigorates and refreshes your skin with a crisp, fresh blend of citrus and woody scents. Use from head to toe (and anywhere in between), leaving your skin fresh and healthy-looking. (18 fl oz/532 mL)

20614 Bergamot & Oak
20615 Wintergreen & Spruce
20616 Sandalwood Vanilla

\$11.99• each



"My husband tried this Men's Bar Soap and loves it. He said it lasts longer than the regular bath bars he used to use. He loves the smell and the way it makes his skin feel."

—Watkins Customer, Kimmie

"Amazing product! I bought this for my husband and son to try and I find myself using it. The Bergamot & Oak Body Wash is a great value, an amazing clean and has an invigorating smell."

—Watkins Customer from Campbell River, BC

E



A



Body Oil Mists

A. Rich moisturizing sprays are formulated with apricot kernel oil and vitamin E. Perfect for dry skin, the oil is quickly absorbed, leaving skin with a dry, soft feel. (6 fl oz/177 mL)

- 20455 Lemon Cream
- 20447 Coconut Milk & Honey
- 20452 Lavender
- 20456 Aloe & Green Tea
- 20444 Grapefruit

\$11.99• each

Hand & Body Bar Soap

Natural oils and moisturizing vitamins provide a gentle head to toe lather. Free from dyes, sulfates, preservatives, and 98% natural. (8 oz/226 g)

Shea Butter

B. With moisturizing Vitamin E

- 23086 Aloe & Green Tea
- 23085 Lemon Cream

\$6.99• each

B



Castile

C. With natural coconut and olive oil

- 23082 Peppermint
- 20381 Lavender

\$6.99• each

C



• Plus GST/HST

D



Face & Body Cleansing Towelettes

D. Let these Aloe & Green Tea Hydrating Towelettes soothe and calm your skin. Olus oils moisturize while fresh aloe and green tea extracts relax and restore. Grapefruit Refreshing Towelettes revitalize and refresh your skin. Grapefruit and caffeine extracts awaken and renew, while Olus oils moisturize. No rinsing required. Toss used towelette in trash. Do Not Flush. (30 pre-moistened towelettes)

40080 Aloe & Green Tea—Hydrating

40081 Grapefruit—Refreshing

\$7.99• each

Foot Repair Salve

E. This salve is 99% natural and specifically blended to soothe and restore the skin on overworked or callused heels and toes.

20480 (2.1 oz/59 g) **\$12.99•**

Rejuvenating Foot & Body Lotion

F. Formulated with pure peppermint oil, this 99% natural foot and body lotion will provide a burst of tingling, aromatic peppermint while the ultra-hydrating formula will rejuvenate dry and tired skin.

20587 (18 fl oz/532 mL) **\$14.99•**



"This Foot Repair Salve is fantastic for the feet. It is a great product and it helped to soften the underside of my feet. I recommend it warmly."

—Watkins Customer Diane, Quebec

E



F





Skin Calming Lotion

A. With colloidal oatmeal and shea butter, this fast-absorbing formula calms dry, itchy skin while delivering daily moisture. Fragrance free and dermatologist tested for sensitive skin use.

20581 (18 fl oz/532 mL) **\$14.99**

Calming Bath Soak

B. Indulge your skin and relax your senses all at the same time! The sea salts in this 100% natural soak will soften skin, while lavender oil provides the ultimate relaxation.

20485 (14 oz/400 g) **\$14.99**



"It works! I was looking for an unscented moisturizer and this Skin Calming Lotion is it! It provides good coverage without being greasy or sticky. I am sensitive to scents, and this truly is a scent-free product."

—Watkins Customer Lily, Winnipeg

"Excellent product for a good night's sleep! This has been a life saver in my home! All five of my children love it as much as I do. We all sleep so well after a Calming Bath Soak."

—Watkins Customer Ali, Nova Scotia

Ultra-Moisturizing Lip Balms

C. Nourish lips with these 100% natural formulas crafted with premium beeswax, sunflower and coconut oils. (0.15 oz/4.25 g)

13540 Peppermint

13541 Raspberry

13542 Menthol

13544 Coconut Milk & Honey

\$4.99 each

C



J.R. WATKINS HOME CARE



D

Foaming Hand Soaps

D. The moisturizing foam in these premium hand soaps gently cleanses the skin, while classic fragrances leave hands smelling fresh. (9 fl oz/266 mL)

- | | |
|------------------------|----------------------|
| 20626 Lemon | 20627 Lavender |
| 20628 Coconut | 20632 Ocean Breeze |
| 20623 Aloe & Green Tea | 20629 Vanilla Mint |
| 20622 Grapefruit | 20631 Neroli & Thyme |

\$6.99• each

Foaming Hand Soap Refills

E. Foaming Hand Soap Refill Pouches refill your regular-sized Foaming Hand Soap bottle 3 times. This value sized, environmentally friendly pouch is filled with the same naturally gentle formula you know and trust, leaving hands soft and clean with a fresh scent. (28 fl oz/828 mL)

- 60626 Lemon
60623 Aloe & Green Tea

\$7.99• each

E





A

Liquid Hand Soaps

A. Formulated with premium natural ingredients, these hardworking soaps will leave hands exceptionally clean and smooth. (11 fl oz/325 mL)

- | | |
|------------------------|----------------------|
| 23051 Lemon | 23052 Lavender |
| 23058 Coconut | 23037 Neroli & Thyme |
| 23050 Aloe & Green Tea | 23042 Ocean Breeze |
| 23055 Grapefruit | 23040 Vanilla Mint |

\$6.79 each

Liquid Hand Soap Refills

B. Lather, rinse and repeat as often as you like! Liquid Hand Soap Refill Pouches refill your 11 fl oz/325 mL trial mark bottle 3 times. This value sized, environmentally friendly pouch is filled with the same naturally gentle formula you know and trust. Available in our signature fragrances, your skin will always be fresh and clean. (34 fl oz/1 L)

- 63011 Lemon
 63010 Aloe & Green Tea
 63012 Lavender
 63042 Ocean Breeze

\$7.99• each

B



C



Great Outdoors™ Insect Repellents by Watkins

For more than 50 years, our repellents have protected our outdoor-loving customers from insects and their painful bites. Today, we remain dedicated to providing a long-lasting defense against mosquitoes, ticks, blackflies and other pests, so you and your family can enjoy the Great Outdoors!

Maximum Defense

High-levels of the active ingredient, DEET, provide long-lasting protection from a wide range of pesky insects. Up to 6 hours of protection. For adults and children over the age of 12.

30% DEET Lotion

C. The non-greasy, skin-friendly lotion with a mild scent provides maximum protection.

- 33077 (240 mL) **\$16.99•**
- 33079 (80 mL) **\$10.99•**
- 33081 (45 mL) **\$6.99•**

30% DEET Pump Spray

D. Maximum protection in an easy-to-use, no-mess pump spray.

- 33085 (150 mL) **\$12.99•**

25% DEET Aerosol Spray

E. Long-lasting protection in a convenient aerosol spray.

- 33075 (175 g) **\$16.99•**

D-E



•Plus GST/HST



A-C

Family Defense

Keep your whole family bug-free! Formulated to provide protection for shorter amounts of time outdoors. Choose the kid-safe formula that's right for your family as you enjoy the Great Outdoors!

10% DEET Aerosol Spray

A. 33098 (175 g) **\$14.99**

7.5% DEET Pump Spray

B. 33097 (200 mL) **\$12.99**

5% DEET Pump Spray

C. 33086 (150 mL) **\$11.99**

20% Icaridin Pump Spray

D. The active ingredient, Icaridin, offers an alternative to DEET along with longer-lasting 12 hour protection from mosquitoes and ticks. The no-mess pump spray formula is safe for children over 6 months old.

33102 (200 mL) **\$15.99**

33101 (100 mL) **\$11.99**



D

J.R. WATKINS REMEDIES

*Find relief with
J.R. Watkins remedies*



E-F

Menthol Camphor Relief Mist

E. Diffuse a penetrating blend of menthol, eucalyptus and camphor into the air, and let the vapors of this 98% natural mix help you breathe—especially during cold season. Each bottle contains over 600 sprays.

32340 (4 fl oz/120 mL) **\$12.99**•

Menthol Camphor Bath Soak

F. Soothe away aches and pains with this relaxing blend of lavender, eucalyptus, menthol and camphor that is 99% natural. Just a bit of this unique blend offers the ultimate in relaxation.

12305 (14 oz/400 g) **\$13.99**•

Medicated Ointment

G. This cooling product helps relieve the congested feeling of a chest cold and suppresses the accompanying cough. The rub also provides temporary relief of arthritic and rheumatic pain, backache, sprains, strains, lumbago and bruises.

36614 (4.13 oz/117 g) **\$12.99**•

Petro-Carbo First Aid Salve

D. A staple for every medicine cabinet and first aid kit, this versatile product made from carbolic acid and botanicals relieves pain and itching associated with minor cuts, scrapes, burns, skin irritations and insect bites.

36618 (4.37 oz/124 g) **\$17.99**•

G



H



•Plus GST/HST



Pain Relieving Liniment

A. J.R. Watkins first product is a one-of-a-kind pain reliever made from camphor and capsicum. This natural formula absorbs quickly to ease the discomfort caused by minor muscle aches and stiffness.

32317 (11 fl oz/325 mL) **\$16.99•**

Pain Relieving Liniment Spray

B. The natural pain-relieving properties of camphor are blended with the penetrating power of menthol to create a convenient, fast-acting spray that is 99% natural. Sore muscles and arthritis pain have met their match!

32350 (4 fl oz/118 mL) **\$12.99•**



"I love this spray liniment. I use it on my painful neck mostly at night so that I can get some sleep. It is so soothing and I drop off to sleep quickly after using it. It is so convenient to spray and not have the liquid spill all over me. I also use it on an injured knee and can point it where ever it is needed. This is my go to product for pain relief and I seldom use the messy liquids and creams. But, I have all of the J.R. Watkins liniments and creams on hand to use on family members. We all have our favorites."

Watkins Customer, Janette



Deep Muscle Cooling Gel

C. Cool and soothe muscle aches, simple back pain, and minor arthritis with this 97% natural menthol formula that works much like an ice-pack.

32309 (3.3 oz/93.6 g) **\$11.99•**

Deep Muscle Warming Balm

D. Wintergreen extract (natural menthyl salicylate), menthol, and capsaicin join forces to warm muscles naturally. The greaseless formula is 99% natural, and it penetrates quickly to relieve muscle aches and minor arthritis.

32311 (3.3 oz/93.6 g) **\$11.99•**



White Cream Liniment

E. This creamy lotion uses evergreen-based counterirritants to provide temporary relief from arthritic pain and muscle soreness caused by exertion.

32316 (11 fl oz/325 mL) **\$18.99•**



Consider Starting Your Own Watkins Home Business

"By committing to a simple rule, using the products yourself and telling the Watkins story when it's appropriate, we have enjoyed the freedom of working together from our home; traveled to wonderful places; made friends all over the U.S. and Canada; had our part-time business idea become our primary income and, most importantly, felt the joy of knowing that we have also been able to help make positive differences in the lives of many others."

- Barb & Clem Birch
Independent Watkins Executives

"As an emergency ICU nurse, I was always at my employer's beck and call. Now I control my income and when and where I work. I've been able to provide for my three daughters over the last 25 years and be there for all their big events. I love helping others achieve their goals and dreams by using and sharing Watkins products. It truly is what makes Watkins so special, as this is a doable business for anyone who wants it badly enough."

- Dawn Thompson
Independent Watkins Executive

"The Watkins home business is unmatched. Besides enjoying great products, it's also about having fun, helping friends, creating wealth, and reaching dreams. My efforts allowed me to be a work-from-home dad. From the time my daughter was born—she never had to go to daycare or after-school babysitters. Now she's in college and I have the flexibility to work on my hobbies while I earn income from my Watkins business. Talk to the person who gave you this catalog about reaching your dreams too."

- Jerry Fochtmann
Independent Watkins Executive



Yes, You Can Earn Income as a Watkins Consultant

At long last, here's something you can do from home in as little as a few hours a week that is respected, sensible, risk-free, and yes... Fun! You will feel good about it since you'll be helping other people enjoy happier, healthier, more wholesome lives while also helping yourself. Earn income while laughing with old friends, making new friends, and having a ball. Get support and encouragement from successful people who build you up. Do as much or as little as you want at any point. It's the "perfect fit" that just "feels right" to so many people.

Ask the Consultant who gave you this catalog for more info. Learn how easy it is for you to get started!

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