

WATKINS

Since 1868



TRADE MARK

**HOME BUSINESS
OPPORTUNITY**

With Watkins products

A RECIPE BECOMES A TRADITION

SINCE 1868



Crafting Award-Winning Gourmet Flavors Since 1868.™

Canada

Crafting Award-Winning Gourmet Flavors Since 1868.™

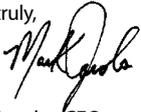
Dear Friends,

For 152 years, we have been producing only the finest natural products. All of us at The Watkins Company want to extend our heartfelt thanks for putting your trust in us. Just as our founder J.R. Watkins did when he started this great company in 1868, we strive to give you nothing but the best. Although there have been many changes throughout our long history, what remains a constant are the guiding principles listed below. More than a century ago, our founder called these the “Watkins Way”.

We are proud to carry on J.R. Watkins’ vision and continue to believe that his way, the Watkins Way, is what makes The Watkins Company and our products so special.

Thank you again for being a part of this 152 year old tradition.

Yours truly,



Mark Jacobs, CEO

The WATKINS WAY

Based on our Founders Principles established over 100 years ago and our goal to be America’s most trusted natural products company.

The Highest Quality

We source only the best ingredients worldwide to meet our premium quality standards.

The Best Value

We offer exceptional value for a premium, quality product.

The Neatest Package

We strive to provide a package that is authentic, stylish and convenient for our customers.

The Best Delivery

We aim to exceed our customers’ expectations.

The Squarest Terms

We promise to get it right or make it right.

The Fairest Treatment

We treat our customers, our employees and our partners with respect.

The Greatest Uniformity

We provide products that consistently meet our high standards.

The Strictest Integrity

We stick consistently with our values.

The Broadest Guarantee

We invented the money back guarantee in 1868 and continue to stand behind it today.

All of the above Points of Superiority make up THE WATKINS WAY, and you will agree that it is a good way.



GOURMET
pages 3-12



REMEDIES FOR BODY™ by J.R. Watkins
pages 13-20



REMEDIES FOR HOME™ by J.R. Watkins
page 21



GREAT OUTDOORS™ Insect Repellent
pages 22-23



Extracts and flavorings are Made in the USA, Non-GMO, Gluten Free and Corn Syrup Free.

Food items bearing the Kosher symbol have been developed in accordance with Jewish Dietary Laws. Watkins designated kosher certifying agency has examined these items and has approved that they adhere to stringent kosher standards.



Our commitment to never test on animals has been recognized by LeapingBunny.org

Commitment to Natural, Safe and Responsible products. Watkins offers products that deliver a superior experience, using environmentally-friendly and responsible ingredients and packaging.

Responsible and Renewable Ingredients. Made from 95% or more natural ingredients, personal care and home care formulas are nontoxic, free from Ammonia, Chlorine Bleach, Parabens, Glycols, Phthalates, Phosphates, Formaldehyde Donors, and Dyes.

Environmentally-responsible packaging. We avoid excess packaging, and utilize recyclable, eco-friendly materials.

Satisfaction Guaranteed

If a Watkins product used in your home is, for any reason, considered unsatisfactory, please return it to your Independent Watkins Consultant for a full refund of the purchase price.

GOURMET



All Natural Original Gourmet Baking Vanilla®

A. Made with the finest pure vanilla extract and blended with only natural ingredients, our Baking Vanilla is the same double-strength formula you’ve trusted for years—only now all natural! It has the same extra rich flavor that won’t bake out or freeze out, and does not contain any artificial colors or flavors.

31008 (11 fl oz/325 mL) **\$21.99 Value Size!**
30390 (2 fl oz/59 mL) **\$6.49**



Sourced from every corner of the world, Watkins has been bringing the finest ingredients to your kitchen for over 100 years. More than just delicious, our award-winning extracts and flavorings are Made in the USA, Non-GMO, Gluten Free and Corn Syrup Free. They are perfect for desserts, drinks and more!



Clear Vanilla Imitation Extract®

B. Our famous formula provides gourmet flavor that does not bake or freeze out—without color. A baking staple ideal for any recipe that needs to be pure white like cakes, frostings, ice cream and more.

31007 (11 fl oz/325 mL) **\$12.99 Value Size!**
30389 (2 fl oz/59 mL) **\$4.19**

Pure Vanilla Extract®

C. Did you know it takes nearly a pound of precious vanilla beans to make one gallon of vanilla extract? We source only the finest grade vanilla beans and age them to perfection following our time-honored process. Every bottle of this exquisite, 100% pure vanilla is expertly crafted to award-winning standards.

01012 (11 fl oz/325 mL) **\$39.99**
21224 (4 fl oz/118 mL) **\$18.99**
60387 (2 fl oz/59 mL) **\$11.99**
60400 (1 fl oz/29 mL) **\$7.99**

Watkins Cinnamon Vanilla Walnut Scones (featured on front cover!)

2 cups/500 mL all-purpose flour
1/4 cup/60 mL chopped walnuts
2 tbsp/30 mL sugar
2 tsp/10 mL baking powder
1/2 tsp/2.5 mL salt
1 tsp/5 mL **Watkins Organic Ground Cinnamon**
1/4 cup/60 mL cold butter, cut into cubes
2 eggs
1/3 cup/80 mL heavy whipping cream
1 tsp/5 mL **Watkins All Natural Original Gourmet Baking Vanilla®**
2 tsp/30 mL milk
Simple Glaze (optional)
1 1/2 cups/375 mL powdered sugar
3-4 tbsp/45-60 mL milk or water
2 tsp/10 mL **Watkins All Natural Original Gourmet Baking Vanilla®**

Preheat oven to 400°F/200°C and place a piece of parchment on a baking sheet.
In a large bowl, mix together flour, walnuts, sugar, baking powder, salt, and cinnamon. Using a pastry cutter or your hands, cut in the butter until the mixture looks like small peas.
In a small bowl combine eggs, heavy cream, and vanilla. Pour into the dry ingredients. Using your hands, mix until the dough is just moistened. Turn onto a floured surface and shape into a 6-inch/15-cm circle. Place the dough on the parchment paper and score into 8 wedges, but keeping the scone together. Brush top of dough with 2 tsp/30 mL milk and bake in the oven until browned and cooked through, about 15 minutes.
Serve warm with butter. Makes 8 scones.
Optional glaze: Place the sugar in a medium bowl and stir in the milk and vanilla, a little at a time, until smooth. Makes approximately 1 3/4 cups/430 mL of glaze.



Baker's-Sized Extracts

A. Enjoy your favorite extracts in large, value sizes. Perfect to have on-hand for those recipes you make often or in big batches! (11 fl oz/325 mL)

- 01010 Butter ©D **\$14.49**
- 21905 Coconut © **\$16.99** — **NEW**
- 01011 Pure Lemon © **\$15.49**
- 01015 Pure Almond © **\$18.49**
- 01012 Pure Vanilla © **\$39.99**

Pure Extracts ©

B. Our pure extracts are made from natural oils, so they are free of artificial colors and flavors. For pure flavor, come to Watkins. (2 fl oz/59 mL)

- 60430 Pure Anise
- 60395 Pure Lemon
- 60437 Pure Mint
- 60392 Pure Orange
- 60394 Pure Peppermint
- 60368 Pure Cinnamon
- 60379 Pure Coffee
- \$5.99 each**
- 60391 Pure Almond **\$6.49**
- \$4.99 each**

Gourmet Extracts and Flavorings, 59 mL

C. These quality extracts and flavors are concentrated—and all backed by the same expertise that has made Watkins Vanilla the choice of generations. (2 fl oz/59 mL)

- 30389 Clear Vanilla Imitation Extract © **\$4.19**
- 60305 Butter Vanilla ©
- 60304 Cream Cheese ©D
- 60303 Red Velvet ©
- \$4.49 each**
- 60431 Banana ©
- 60432 Butter ©D
- 60433 Cherry ©
- 60435 Coconut ©
- 60436 Maple ©
- 60438 Raspberry ©
- 60439 Root Beer ©
- 60440 Rum ©
- 60441 Strawberry ©
- \$4.99 each**
- 60383 Chai ©
- 60382 Maple Bacon ©
- \$5.49 each**
- 60445 Caramel ©
- 60452 Pumpkin Spice ©
- \$5.99 each**
- 30390 All Natural Original Gourmet Baking Vanilla® © **\$6.49**



Organic Extracts

D. Made using only the finest organic ingredients, Watkins is committed to bringing natural and superior flavor to market with our Organic Extract Line in top extract flavors. (2 fl oz/59 mL)

- 30203 Organic Almond ©
- 30202 Organic Pure Lemon ©
- 30204 Organic Original Gourmet Baking Vanilla® © — **NEW** *
- \$7.99 each**
- 30200 Organic Pure Vanilla © **\$12.99**

* Coming Spring 2020

Gourmet Extracts and Flavorings, 118 mL ©

E. Your favorite extracts are now available in a 118 mL offering, to ensure you have supply available for your larger baking projects! (4 fl oz/118 mL)

- 21225 Pure Almond **\$8.49**
- 21224 Pure Vanilla **\$18.99**



Watkins Baked Maple Bacon Glazed Doughnuts

Doughnuts

- 1 cup/250 mL all-purpose flour
- 3/4 tsp/4 mL baking powder
- 1/4 tsp/1.25 mL baking soda
- 1/2 tsp/2.5 mL salt
- 1/2 tsp/2.5 mL **Watkins Organic Ground Cinnamon**
- 1/3 cup/80 mL granulated sugar
- 2 tbsp/30 mL unsalted butter, melted
- 1 large egg
- 1/2 cup/125 mL buttermilk
- 1/2 tsp/2.5 mL **Watkins Maple Bacon Flavor**
- 1/2 tsp/2.5 mL **Watkins All Natural Original Gourmet Baking Vanilla®**

Maple Glaze

- 1 cup/250 mL powdered sugar
- 1/2 tsp/2.5 mL **Watkins Maple Bacon Flavor**
- 3-4 tbsp/45-60 mL whole milk
- 5 strips bacon, cooked and crumbled (optional)

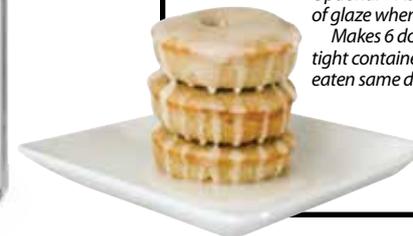
In a medium bowl, whisk together flour, baking powder, baking soda, salt, cinnamon and sugar. Set aside. In a small bowl, whisk together melted butter, egg, buttermilk, maple bacon flavor and vanilla.

Stir wet ingredients into dry ingredients until thoroughly combined. Transfer batter to a pastry bag or plastic sandwich bag. If using a sandwich bag, cut small corner of bag with scissors before adding batter to bag. Heat oven to 350°F/180°C. Add batter to lightly greased doughnut baking pan, filling 3/4 full with batter. Bake for 8-10 minutes. Remove pan from oven and let cool in pan before removing doughnuts.

In mixing bowl, beat together powdered sugar and maple bacon flavor. Slowly add milk until desired consistency. Spoon glaze over each baked doughnut.

Optional – Add bacon crumbles on top of glaze when glaze is still wet.

Makes 6 doughnuts. Store in an airtight container in the refrigerator, if not eaten same day.



New



Decorating Sprinkles ©—NEW *

A. Watkins decorating sprinkles are free from artificial dyes, making them the perfect partner for our Natural Food Coloring. Made with natural colorings, our sprinkles are vibrant without using FD&C colors.

31701 Chocolate (3.5 oz/100 g)
31700 Rainbow (3.4 oz/98 g)

\$6.99 each

* Coming Spring 2020

Natural Food Coloring

B. Derived from natural ingredients, our food coloring is free from artificial FD&C colors. Other dye free coloring options can involve fussy powders you need to mix, but our colors are easy-to-use liquids. Simply add drops of color to brighten up frostings, cakes and more. Gluten Free.

30350 Assorted: Red, Yellow, Green, Blue (4-8.9 mL Bottles) **\$10.99**

Pure Ground Cinnamon ©

C. Our award-winning cinnamon has been a part of family rituals for more than 100 years. Watkins cinnamon is made of premium cassia cinnamon with high essential oils.

01115 (6 oz/170 g) **\$10.99**



In 1928, Watkins was awarded the Gold Medal-Grand Prize at the 1928 Paris International Exposition for outstanding Vanilla Extract, Pepper and Cinnamon.



Pure Ground Black Pepper

D. We select only the finest sources of premium-grade, top-quality peppercorns with high essential oil content. Experience the Gold Medal-winning taste of the most flavorful pepper on the market.

60396 (2 oz/56 g) © **\$5.99**
00581 (4 oz/113 g) © **\$7.99**
01140 (6 oz/170 g) © **\$12.99**
01141 (12 oz/340 g) © **\$22.49**



Eco-Friendly Reusable Bag—NEW

F. Never use harmful plastic bags again! Instead, opt for this eco-friendly bag that can hold up to 20 pounds. It's perfect for the grocery store, a trip to the mall, a stop at the gym or even as an overnight bag.

09702 **\$6.99**



Organic Salad Dressing Mixes—NEW *

E. Now make your favorite salad dressings at home! Enjoy a cool and creamy Ranch Dressing or a zesty Italian in the same convenient no-measure, one-time use pouches you have come to expect from Watkins. USDA Organic Certified and Non-GMO Project Verified

Purchase in a quantity of 12 eaches, same flavor, to receive a display box for convenient organization (shown below).

30719 Organic Italian © (0.85 oz/24 g)
30718 Organic Ranch © (0.85 oz/24 g)
(Non-GMO claim not applicable)

\$2.39 each

* Coming Spring 2020



Entertaining Tips

• Prepare Organic Salad Dressing Mixes per package instructions then serve in "hollowed out veggie bowls" made from red cabbage, a large tomato, red, green or yellow peppers. This is colorful and appealing to the eye.

• On a large platter, place several small bowls of prepared Organic Salad Dressing Mixes. Serve with vegetable bundles...strips of celery, bell pepper, carrot and a snow pea tied up with fresh chives. A great presentation for a de-constructed salad!

Watkins Cooked Playdough

2 cups/500 mL all-purpose flour
1 cup/250 mL salt
2 tbsp/30 mL cream of tartar
2 1/2 cups/625 mL water
2 tbsp/30 mL cooking oil
1/4 tsp/1.2 mL **Watkins Food Coloring**, of choice (add more for darker shading)
1 tsp/5 mL **Watkins Extract of choice**

*Combine dry ingredients in a saucepan. Add water and oil. Heat, stirring constantly until the dough comes away from the side of the pan and forms a ball. Cool. Divide in half and knead in food coloring and extract until smooth. (Extracts to try: Almond, Anise, Peppermint, Strawberry, Orange, Coconut.)
Store in plastic bag or container in the refrigerator. Keeps for months! Makes 4 cups.*



Organic Spices ®

A. From our 1928 Gold Medal-winning performance at the International Exposition in Paris through today, The Watkins Company brings you the very best spices from around the world. Sourced from the highest quality organic herbs and spices, our Organic Spice Line brings your cooking to life.

- 31603 Chili Powder (2.9 oz/85 g)
- 31604 Cilantro Leaves (0.63 oz/18 g)
- 31605 Ground Cinnamon (2.5 oz/71 g)
- 31622 Curry Powder (2.6 oz/74 g)
- 31623 Dill Weed (0.78 oz/22 g)
- 31630 Fine Himalayan Pink Salt (5.7 oz/163 g)*
- 31610 Onion Powder (2.8 oz/82 g)
- 31614 Crushed Red Pepper (1.6 oz/48 g)

\$6.49 each

- 31602 Ground Black Pepper (2.8 oz/80 g)
- 31613 Parsley Flakes (0.59 oz/17 g)

\$6.99 each

- 31608 Garlic Powder (3.1 oz/90 g)
- 31624 Garlic Salt (4.9 oz/141 g)

\$7.49 each

- 31639 Whole Black Peppercorns (2.6 oz/75 g)
- \$9.99 — NEW****

* Organic Claim not applicable

** Coming Spring 2020

Organic Pepper Blends ®

B. Our Gold Medal-winning Black Pepper is blended with the highest quality herbs and spices to bring superior flavor to your cooking and grilling. These blends are versatile and bold.

- 31616 Lemon Pepper Blend (3.6 oz/104 g)
- 31618 Seafood & Poultry Seasoning (3.3 oz/94 g)
- 31617 Steak Seasoning (3.3 oz/94 g)

\$7.49 each



Organic & Non-GMO Grinders ®

C. The full flavors of freshly ground pepper, salt and organic spices are only a twist away with our Organic and Non-GMO grinders. Our adjustable grinder is pretty enough to sit tableside and lets you tailor the coarseness to your taste, ensuring you enjoy the richest of Watkins Organic seasonings with every turn.

- 31683 Mediterranean Sea Salt (5.3 oz/150 g)* **\$7.99**
- 31685 Garlic Peppercorn (2.7 oz/79 g)
- 31684 Garlic Salt (4.3 oz/123 g)

\$8.99 each

- 31681 Black Peppercorn (2.6 oz/75 g)
- \$9.99**

* Organic Claim not applicable



Organic Seasoning Blends ®

D-E. Handcrafted to deliver all the superior flavor you expect from Watkins, our organic seasoning blends enhance any dish you create. Our highest quality is only a dash, sprinkle or shake away!

- 31634 Italian Seasoning (1.2 oz/34 g)
- 31631 Seasonings with Salt (4.2 oz/120 g)

\$6.99 each

- 31636 Everything Bagel Sesame Seasoning Blend (3.0 oz/85 g) **\$7.49**

- 31633 All Purpose Seasoning Salt-Free (2.7 oz/78 g) **\$7.99**

- 31644 Adobo Seasoning (4.1 oz/116 g) **\$8.99 — NEW****

- 31645 Harissa Seasoning (2.5 oz/70 g) **NEW****

- 31641 IPA Seasoning (3.6 oz/102 g) **NEW****

\$9.99 each

** Coming Spring 2020

Cheese Log

- 2 packages (8 oz/227 g each) cream cheese, softened
- 2 1/2 tsp/12.5 mL **Watkins Organic Italian Seasoning**
- 3/4 tsp/4 mL **Watkins Organic Garlic Powder**
- 3/4 tsp/4 mL **Watkins Organic Onion Powder**
- 2-3 tbsp/30-35 mL **Watkins Organic Parsley Flakes**

Combine first four ingredients; place on a sheet of plastic wrap and shape into a log. Place on a new sheet of plastic wrap and pat parsley onto all sides.

Roll up and refrigerate until firm. Makes one 16 oz/450 g log. Serve whole or cut into coins. Accompany with bread, crackers, crostini and vegetables. Variation: Instead of cream cheese, use goat cheese. Then roll it in your own custom mix of **Organic Watkins Dill** and/or **Watkins Organic Lemon Pepper Blend**.



A

New



B



Organic Gourmet Dip Mixes [®]—NEW*

A. Bring classic blends of organic spices and herbs into the kitchen to create your own rich and savory gourmet dips, spreads and more with Watkins Organic Dip Mixes. These convenient no-measure, one-time use pouches are USDA Organic Certified and Non-GMO Project Verified.

Purchase in a quantity of 12 eaches, same flavor, to receive a display box for convenient organization (shown below).

36708 Organic Cucumber & Dill (0.95 oz/27 g)

36709 Organic Garlic & Dill (0.74 oz/21 g)

36704 Organic Guacamole (0.63 oz/18 g)

36707 Organic Onion (1.0 oz/28 g)

36706 Organic Ranch (0.71 oz/20 g)

36705 Organic Salsa & Sour Cream (1.23 oz/35 g)

\$2.99 each

* Coming Spring 2020



Minute Appetizers

Each uses one packet of Watkins Organic Gourmet Dip Mixes

Tangy Tzatziki-Style Dip

1 packet **Watkins Organic Cucumber & Dill**
2 cups/500 mL plain or greek yogurt

Mix together. Serve with pita chips or on a pita wrap.

Garlic & Dill Dip

1 packet **Watkins Organic Garlic & Dill**
1 package (8 oz/227 g) cream cheese, softened
1 cup/250 mL sour cream

Mix together. Serve with veggies or crackers.

Fresh Guacamole

1 packet **Watkins Organic Guacamole**
2 large avocados

Mash avocados in bowl. Add dip mix to avocados. Stir until desired consistency. For best results, chill for 30 minutes before serving to allow flavors to develop. Customize this dip by adding fresh chopped cilantro or tomatoes. For more heat, add fresh diced jalapeños. Use as a dip for tortilla chips. Serve with fajitas, tacos or nachos.

Onion Dip

1 packet **Watkins Organic Onion**
2 cups/500 mL sour cream

Serve with your favorite veggies or chips. Variation: Use dry as a seasoning for roasted/slow cooked beef, pork or turkey.

Ranch Dip

1 packet **Watkins Organic Ranch**
2 cups/500 mL sour cream

Serve with your favorite veggies or chips. Or use as sandwich or bagel spread. Variation: Add crumbled blue cheese for a blue cheese dip or salad dressing.

Sassy Salsa Dip

1 packet **Watkins Organic Salsa & Sour Cream**
1 package (8 oz/227 g) cream cheese, softened
1 cup/250 mL sour cream

Mix together. Serve with chips or spread on tortillas.

Organic Gourmet Seasoning Mixes

B. Gourmet meals are made simple with Watkins Organic Gourmet Seasoning Mix pouches. These convenient no-measure, one-time use pouches ensure you have the perfect recipe every time. USDA Organic Certified and Non-GMO Project Verified.

Purchase in a quantity of 12 eaches**, same flavor, to receive a display box for convenient organization (shown below).

30692 Organic Chili Seasoning [®] (1.25 oz/35 g)

30695 Organic Fajita Seasoning [®] (1.02 oz/29 g)

30690 Organic Taco Seasoning (1.25 oz/35 g)

\$2.29 each

30712 Organic Country Gravy (2.61 oz/74 g) **\$3.49**

NEW * (Non-GMO claim not applicable)

* Coming Spring 2020

** Country Gravy Tray in quantities of 6 each



Quick Tips— Try This!

Watkins Organic Chili Gourmet Seasoning Mix

Sprinkle on potatoes, baked beans, use on pork chops or anywhere a slight amount of heat is desired.

Watkins Organic Fajita Gourmet Seasoning Mix

Use to season your favorite chicken tortilla soup recipe.

Watkins Organic Taco Gourmet Seasoning Mix

Mix with 8 oz/227 g of sour cream for a quick taco dip.

Creamy Country Gravy

1 package (2.61 oz/74 g) **Watkins Organic Country Gravy Gourmet Seasoning Mix**

1 cup/250 mL water

1 cup/250 mL milk

Stir together with whisk in saucepan. Stir frequently, cook on medium heat until gravy comes to boil. Reduce heat and simmer one minute. Gravy will thicken upon standing.



"The Taco Seasoning is one of the best we've ever tried and my customers are enjoying it as well! Rave reviews from family and customers telling me this is a winner. Flavor is perfect for tacos, enchiladas, and taco salad. We've tried the dip mix recipe on the packet and it is fantastic as well. My kids love this, not too spicy, and they eat all of their food. I highly recommend this as a consumer and also as a new Consultant for Watkins products."

—Watkins Independent Consultant, Diane

Products may ship different than shown

REMEDIES FOR BODY™ by J.R. Watkins

A



Quick Tips—Try This!

Cooking can be a joy with the right ingredients; like Watkins gourmet food products. Here are some quick tips to spice up your meals using **Watkins Gourmet Soup and Gravy Base.**

- Replace salt with Watkins Gourmet Soup and Gravy Base when boiling pasta, rice or potatoes. Match the flavor to the meat being prepared.
- Add flavor to your meats by sprinkling them with Watkins Gourmet Soup and Gravy Base instead of salt—more taste!
- Liquid gold—Cooking with and using Watkins Gourmet Soup and Gravy Base as a broth is an easy way to add depth and flavor to many dishes.
- Combine Chicken and Beef Soup Bases to make an even better gravy for pork or game dishes.



"Love this product. There are so many uses for the Beef and Chicken Gravy Base. I use it to enhance the flavor of soup, in stir-fry veggies, to make gravy, and the list goes on."

—Watkins Customer from California, Desi

Soup and Gravy Bases

A. Whip up delicious stocks, gravies and sauces with ease. Wholesome ingredients provide homemade flavor without the expense of canned soups and saltiness of bouillon cubes.

31175 Beef (8.29 oz/235 g)

31176 Chicken (8.29 oz/235 g)

\$12.99 each

B



Cooking Spray®

B. Non-stick butter-flavored cooking spray lets you achieve virtually fat-free cooking. Nearly 1,600 servings per can!

31040 (14 oz/397 g) **\$11.99**

C-E



Head to Toe Kit

C. Soft skin has never been easier! This Head-to-Toe kit has everything you need to nourish your skin from the shower and all through your day, including body wash, lotions and lip balm. Offered in classic scents, the no-mess tubes are sized for your busy life. Take them with you in your purse, gym bag or car. Go ahead and pamper yourself - or give as a gift and pamper someone else!

Contains:

- 1 Lemon Cream Body Lotion (1 fl oz/29 mL)
- 1 Lavender Body Wash (1 fl oz/29 mL)
- 1 Peppermint Lip Balm (0.15 oz/4.25 g)
- 1 Aloe & Green Tea Hand Cream (1 oz/28 g)
- 1 Peppermint Foot & Body Lotion (1 fl oz/29 mL)

20802 **\$15.99•**

Lavender Essentials Kit

E. Relax with the calming scent of lavender wherever life takes you. This Lavender Essentials Kit, includes lip balm, lotion, hand cream and body wash, and is sized for you to enjoy a little aromatherapy anywhere, anytime. The no-mess tubes fit easily into your purse or gym bag, wherever you need a little fragrant getaway. It's pretty enough to give the gift of calm to a friend or treat yourself to a relaxing home spa experience.

Contains:

- 1 Lavender Hand Cream (1 oz/28 g)
- 2 Lavender Body Lotion (1 fl oz/29 mL each)
- 1 Lavender Vanilla Lip Balm (0.15 oz/4.25 g)
- 1 Lavender Body Wash (1 fl oz/29 mL)

20801 **\$15.99•**

• Plus GST/HST

Products may ship different than shown

REMEDIES FOR BODY™ by J.R. Watkins



Bath Soak

A. Indulge your skin and relax your senses all at the same time! The sea salts in this 100% natural soak will soften skin, while lavender oil provides the ultimate relaxation.

20485 (14 oz/400 g) **\$15.99•**

Body Oil Mists

B. Rich moisturizing sprays are formulated with apricot kernel oil and vitamin E. Perfect for dry skin, the oil is quickly absorbed, leaving skin with a dry, soft feel. (6 fl oz/177 mL)

20455 Lemon Cream
20447 Coconut Milk & Honey
20452 Lavender
20456 Aloe & Green Tea
20444 Grapefruit

\$12.49• each

Face & Body Wipes

C. These pre-moistened towelettes revitalize and refresh your skin. Grapefruit and caffeine extracts awaken and renew, while Olus oils moisturize. No rinsing required. Toss used towelette in trash. Do Not Flush. (30 pre-moistened towelettes)

40081 Grapefruit **\$8.49•**

Lip Balms

D. Nourish lips with these 100% natural formulas crafted with premium beeswax, sunflower and coconut oils. (0.15 oz/4.25 g)

13540 Peppermint
13541 Raspberry
13542 Menthol
13544 Coconut Milk & Honey

\$5.49• each



REMEDIES FOR BODY™ by J.R. Watkins



Body Washes

E. Gentle plant-based cleaners and skin conditioners cleanse skin without stripping away natural moisture. Leaves all skin types fresh, hydrated and healthy-looking. (18 fl oz/532 mL)

20608 Lemon Cream
20609 Coconut Milk & Honey
20612 Lavender
20611 Aloe & Green Tea
20610 Grapefruit
20607 Coriander & Cedar

\$12.49• each

Men's Body Wash

F. This daily moisturizing Body Wash invigorates and refreshes your skin with a crisp, fresh blend of citrus and woody scents. Use from head to toe (and anywhere in between), leaving your skin fresh and healthy-looking. (18 fl oz/532 mL)

20614 Bergamot & Oak
20615 Wintergreen & Spruce
20616 Sandalwood Vanilla

\$12.49• each

Men's Body & Face Bar Soap

G. You don't need a lot of complicated steps to feel confident and bold. This Body & Face Bar is perfect for showering, shaving or both! Shea Butter and Vitamin E moisturize and clean from head to toe, while the crisp, fresh blend of citrus and woody notes invigorate your senses. (8 oz/226 g)

23084 Bergamot & Oak **\$7.49•**

• Plus GST/HST

Products may ship different than shown

F-G

Pure Castile Bar Soap

H. This Castile Bar Soap is made with coconut and olive oils for a naturally pure and gentle cleanser for hands, face, body and more. (8 oz/226 g)

23082 Peppermint
23081 Lavender

\$7.49• each



"My husband tried this Men's Bar Soap and loves it. He said it lasts longer than the regular bath bars he used to use. He loves the smell and the way it makes his skin feel."

—Watkins Customer, Kimmie

"Amazing product! I bought this for my husband and son to try and I find myself using it. The Bergamot & Oak Body Wash is a great value, an amazing clean and has an invigorating smell."

—Watkins Customer from Campbell River, BC

REMEDIES FOR BODY™ by J.R. Watkins



Body Scrubs

A. Sugar and shea butter work with natural oils to gently exfoliate and moisturize; this 99% natural formula will leave skin smooth and soft. (8 oz/226 g)

- 20454 Lemon Cream
- 20511 Coconut Milk & Honey
- 20451 Lavender
- 20443 Grapefruit

\$14.99• each

Hand Creams

B. Natural shea and cocoa butters are whipped together with more than 10 natural oils and extracts to protect, soothe and condition delicate skin. This 96–98% natural moisturizer is ideal for rough areas (such as hands and feet) or for use as an all-over body moisturizer. (3.3 oz/95 g)

- 40509 Lemon Cream
- 40511 Coconut Milk & Honey
- 40508 Lavender
- 40507 Aloe & Green Tea
- 40557 Pomegranate & Acai
- 40518 Grapefruit

\$13.99• each

Body Lotions

C. Love lotion? We do, too! Available in a large, value size with a convenient pump. Natural plant oils, shea and cocoa butters replenish and hydrate leaving skin soft, smooth and healthy-looking. (18 fl oz/532 mL)

- 20582 Lemon Cream
- 20583 Coconut Milk & Honey
- 20585 Lavender
- 20584 Aloe & Green Tea
- 20581 Fragrance Free
- 20587 Peppermint Foot & Body

\$15.99• each

Foot Repair Salve

D. This salve is 99% natural and specifically blended to soothe and restore the skin on overworked or callused heels and toes.

20480 (2.1 oz/59 g) **\$13.99•**



"This Foot Repair Salve is fantastic for the feet. It is a great product and it helped to soften the underside of my feet. I recommend it warmly."

—Watkins Customer, Diane

REMEDIES FOR BODY™ by J.R. Watkins



Foaming Hand Soaps

E. The moisturizing foam in these premium hand soaps gently cleanses the skin, while classic fragrances leave hands smelling fresh. (9 fl oz/266 mL)

- 20626 Lemon
- 20628 Coconut
- 20623 Aloe & Green Tea
- 20622 Grapefruit
- 20627 Lavender
- 20632 Ocean Breeze
- 20629 Vanilla Mint
- 20631 Neroli & Thyme

\$7.49• each

Foaming Hand Soap Refills

F. Foaming Hand Soap Refill Pouches refill your regular-sized Foaming Hand Soap bottle 3 times. This value sized, environmentally friendly pouch is filled with the same naturally gentle formula you know and trust, leaving hands soft and clean with a fresh scent. (28 fl oz/828 mL)

- 60626 Lemon
- 60623 Aloe & Green Tea

\$8.49• each



• Plus GST/HST

Products may ship different than shown

**REMEDIES
FOR BODY™**
by J.R. Watkins



Gel Liquid Hand Soaps

A. Formulated with premium natural ingredients, these hardworking soaps will leave hands exceptionally clean and smooth. (11 fl oz/325 mL)

- | | |
|------------------------|----------------------|
| 23051 Lemon | 23052 Lavender |
| 23058 Coconut | 23037 Neroli & Thyme |
| 23050 Aloe & Green Tea | 23042 Ocean Breeze |
| 23055 Grapefruit | 23040 Vanilla Mint |

\$7.49• each

Gel Liquid Hand Soap Refills

B. Lather, rinse and repeat as often as you like! Gel Liquid Hand Soap Refill Pouches refill your Gel Liquid Hand Soap bottle 3 times. This value sized, environmentally friendly pouch is filled with the same naturally gentle formula you know and trust. Your skin will always be fresh and clean. (34 fl oz/1 L)

- 63011 Lemon
63010 Aloe & Green Tea
63012 Lavender
63042 Ocean Breeze

\$8.49• each



**REMEDIES
FOR BODY™**
by J.R. Watkins

*Find relief with
J.R. Watkins*



Menthol Camphor Relief Mist

C. Diffuse a penetrating blend of menthol, eucalyptus and camphor into the air, and let the vapors of this 98% natural mix help you breathe—especially during cold season. Each bottle contains over 600 sprays.

32340 (4 fl oz/120 mL) **\$13.99•**

Menthol Camphor Bath Soak

D. Soothe away aches and pains with this relaxing blend of lavender, eucalyptus, menthol and camphor that is 99% natural. Just a bit of this unique blend offers the ultimate in relaxation.

12305 (14 oz/400 g) **\$14.99•**

Medicated Ointment

E. This cooling product helps relieve the congested feeling of a chest cold and suppresses the accompanying cough. The rub also provides temporary relief of arthritic and rheumatic pain, backache, sprains, strains, lumbago and bruises.

36614 (4.13 oz/117 g) **\$13.99•**

Petro-Carbo First Aid Salve

F. A staple for every medicine cabinet and first aid kit, this versatile product made from carbolic acid and botanicals relieves pain and itching associated with minor cuts, scrapes, burns, skin irritations and insect bites.

36618 (4.37 oz/124 g) **\$18.99•**



• Plus GST/HST

Products may ship different than shown

REMEDIES FOR BODY™ by J.R. Watkins



Pain Relieving Liniment Spray

A. The natural pain-relieving properties of camphor are blended with the penetrating power of menthol to create a convenient, fast-acting spray that is 99% natural. Sore muscles and arthritis pain have met their match!

32350 (4 fl oz/118 mL) **\$13.99**•

Pain Relieving Liniment

B. J.R. Watkins first product is a one-of-a-kind pain reliever made from camphor and capsicum. This natural formula absorbs quickly to ease the discomfort caused by minor muscle aches and stiffness.

32317 (11 fl oz/325 mL) **\$17.99**•

Deep Muscle Cooling Gel

C. Cool and soothe muscle aches, simple back pain, and minor arthritis with this 97% natural menthol formula that works much like an ice-pack.

32309 (3.3 oz/93.6 g) **\$12.49**•

Deep Muscle Warming Balm

D. Wintergreen extract (natural menthyl salicylate), menthol, and capsaicin join forces to warm muscles naturally. The greaseless formula is 99% natural, and it penetrates quickly to relieve muscle aches and minor arthritis.

32311 (3.3 oz/93.6 g) **\$12.49**•



"I love this spray liniment. I use it on my painful neck mostly at night so that I can get some sleep. It is so soothing and I drop off to sleep quickly after using it. It is so convenient to spray and not have the liquid spill all over me. I also use it on an injured knee and can point it where ever it is needed. This is my go to product for pain relief and I seldom use the messy liquids and creams. But, I have all of the J.R. Watkins liniments and creams on hand to use on family members. We all have our favorites."

Watkins Customer, Janette

White Cream Liniment

E. This creamy lotion uses evergreen-based counterirritants to provide temporary relief from arthritic pain and muscle soreness caused by exertion.

32316 (11 fl oz/325 mL) **\$19.99**•



REMEDIES FOR HOME™ by J.R. Watkins



Toilet Bowl Cleanser

F. J.R. Watkins Toilet Bowl Cleanser is the most powerful bowl cleaner available. When nothing else on the market will tackle those high rust and hard water stains, this professional strength cleaner is sure to make your bathroom bowl sparkle. It cleans and deodorizes, and is safe for your septic tank. It's extremely powerful. For use on vitreous china only.

36795 (32 fl oz/950 mL) **\$17.99**•

Multi-Purpose Degreaser

G. Got grease? J.R. Watkins Degreaser is the powerful, versatile and biodegradable solution. Put it to work in hot or cold water. In the laundry room, it removes stubborn grease and oil stains from clothing. Use it around the house to clean greasy stovetops, grills, bicycles, appliances, garage floors, and more. This degreaser concentrate makes up to 64 gallons of cleaning solution.

06785 (32 fl oz/950 mL) **\$16.99**•



"Best product anywhere. I never want to be without J.R. Watkins Degreaser. It is the only product that removes stains from man-made fabrics, shirt collars, pillow cases and more. It's also great for cleaning greasy areas in the kitchen. If you can't remove a stain or grease then use this degreaser."

—Watkins Customer from Gravenhurst, Ontario



epa.gov/saferchoice

Laundry Detergent*

H. This earth-friendly, high-performance formula is biodegradable and free of phosphates, dyes, and fragrances. Ideal for high-efficiency machines, the ultra concentrated, low-sudsing formula delivers on clean, while keeping the cost per wash lower than many alternative brands. (5 lbs/2.2 kg)

06738 **\$20.99**•

*Newer front-loading washers require only 1/8 cup of this detergent, for a yield of 80 loads per box. Standard washing machines will use 1/4 cup per wash (40 loads per box).



• Plus GST/HST

Products may ship different than shown

GREAT OUTDOORS™ Insect Repellent

A



GREAT OUTDOORS™ Insect Repellent

D-F



Great Outdoors™ Insect Repellents

These repellents protect outdoor-loving customers from insects and their painful bites. They provide a long-lasting defense against mosquitoes, ticks, blackflies and other pests, so you and your family can enjoy the Great Outdoors!

Maximum Defense

High-levels of the active ingredient, DEET, provide long-lasting protection from a wide range of pesky insects. Up to 6 hours of protection. For adults and children over the age of 12.

30% DEET Lotion

A. The non-greasy, skin-friendly lotion with a mild scent provides maximum protection.

- 33081 (45 mL) **\$7.49•**
- 33079 (80 mL) **\$11.49•**
- 33077 (240 mL) **\$17.99•**

30% DEET Pump Spray

B. Maximum protection in an easy-to-use, no-mess pump spray.

- 33085 (150 mL) **\$13.99•**

25% DEET Aerosol Spray

C. Long-lasting protection in a convenient aerosol spray.

- 33075 (175 g) **\$17.99•**

Family Defense

Keep your whole family bug-free! Formulated to provide protection for shorter amounts of time outdoors. Choose the kid-safe formula that's right for your family as you enjoy the Great Outdoors!

5% DEET Pump Spray

- D. 33086 (150 mL) **\$12.49•**

7.5% DEET Pump Spray

- E. 33097 (200 mL) **\$13.99•**

10% DEET Aerosol Spray

- F. 33098 (175 g) **\$15.99•**

20% Icaridin Pump Spray

G. The active ingredient, Icaridin, offers an alternative to DEET along with longer-lasting 12 hour protection from mosquitoes and ticks. The no-mess pump spray formula is safe for children over 6 months old.

- 33101 (100 mL) **\$12.49•**
- 33102 (200 mL) **\$16.99•**

B-C



G



• Plus GST/STP

Products may ship different than shown



Consider Starting Your Own Watkins Home Business

"Watkins has provided my family with a wonderful, fun-filled opportunity to earn a steady income as well as traveling with awesome people to exotic locations. By sharing my experience and knowledge of posting on social media platforms to build my business, I have successfully earned a place on the Executive Team, which has allowed me to help and mentor even more team members. If I can do it, I'm certain you can too!"

- Sue Lessard

Independent Watkins Executive

"Watkins has given us complete financial freedom, time freedom and most importantly—extra time to spend with family. This has happened because people love Watkins Products and trust the company. We feel like there is no business like show business, working events like fairs, festivals and markets. We love it! When you join Watkins, it is like joining a family. We invite you to enjoy the wonderful Watkins family."

- Sue & Ed Williams

Independent Watkins Executives

"We have enjoyed building a business run from home, that has brought us together with wonderful people who are part of our team—our customers and fellow Watkins Consultants. Watkins has provided us a secure income and lifestyle that allows time for family and fun. We have enjoyed many world class trips compliments of the company, while building a business comprised of 'Fun, Fast & Easy' Party Plan, event selling and serving repeat order customers."

- Karen & Keith Hagen

Independent Watkins Executives



**HOME BUSINESS
OPPORTUNITY**



Yes, You Can Earn Income as a Watkins Consultant

At long last, here's something you can do from home in as little as a few hours a week that is respected, sensible, risk-free, and yes... Fun! You will feel good about it since you'll be helping other people enjoy happier, healthier, more wholesome lives while also helping yourself. Earn income while laughing with old friends, making new friends, and having a ball. Get support and encouragement from successful people who build you up. Do as much or as little as you want at any point. It's the "perfect fit" that just "feels right" to so many people.

Ask the Consultant who gave you this catalog for more info. Learn how easy it is for you to get started!

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